

2018 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774
or visit us at www.csswashtenaw.org/seniors



1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001
Memory Support Center at Brecon Village..... 734-295-9811
Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795
Jewish Family Services (JFS)..... 734-769-0209

3. HOME MAINTENANCE/REPAIR/SAFETY

CSSW/NSS Home Maintenance/Repair/Home Safety..... 734-712-7774
OCED Home Weatherization Program..... 734-544-3008
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155
Chelsea Behavioral Health Services..... 800-328-6261
Or..... 734-593-5251
WC Community Mental Health..... 734-544-3050
Jewish Family Services (JFS)..... 734-769-0209
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747

5. EDUCATION

American Association of Retired Persons (MI Office).... 866-227-7448
Elderquest at EMU..... 734-487-4096
Osher Lifelong Learning Institute at UM..... 734-998-9351
Washtenaw Literacy..... 734-879-1320
WCC Economic and Community Development..... 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911
CSSW Senior Services Resource Advocacy..... 734-712-7774
SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444
CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300
Community Resource Center (Manchester)..... 734-428-7722
CSSW Emergency Food Program..... 734-662-4462
Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305
Friends in Deed..... 734-484-4357
House by the Side of the Road..... 734-769-4085
JFS Food Pantry & Clothing Programs..... 734-769-0209
Northfield Human Services..... 734-449-0110
Saline Area Social Services..... 734-429-4570
Salvation Army Ann Arbor..... 734-332-3474
Salvation Army Ypsilanti..... 734-482-4700
Shelter Association of Washtenaw County..... 734-662-2829
S.O.S. Community Crisis Center (food)..... 734-484-9945
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
MSU Extension Housing Counselors..... 734-222-9595
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-7774

10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888
EMU College of Education Clinical Suite..... 734-487-4410
Turner Senior Resource Center..... 734-998-9353

11. Home Health Care

St. Joseph's Mercy (Chelsea)..... 734-593-5780
EHM Senior Solutions (Shared Services)..... 734-222-4037
Caring Partners Home Health..... 734-769-5758
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. Hospice

Arbor Hospice..... 734-662-5999
Hospice of Michigan..... 888-247-5701
St. Joseph Mercy Hospice..... 888-418-5572

13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
Housing Access for Washtenaw County..... 734-961-1999
Housing Bureau for Seniors..... 734-998-9339
Ypsilanti Housing Commission..... 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155
Chelsea Retirement Communities..... 734-433-1000
Evangelical Home (Saline)..... 734-429-9401
Gilbert Residence..... 734-482-9498
Glacier Hills..... 734-769-6410
Huron Woods..... 734-712-5600
Sanctuary at St. Joseph's Village..... 734-712-1600
Silver Maples of Chelsea..... 734-475-4111
Superior Woods Healthcare Center..... 734-547-7600
University Living..... 734-669-3030

Apartments - Subsidized or Affordable

| | |
|-----------------------------------|----------------------------------|
| Baker Commons.. 734-994-8249 | Carpenter Place....734-973-8377 |
| Chidester Place.... 734-487-9400 | Clark East Tower.. 734-482-5511 |
| Courthouse Sq..... 734-995-5511 | Cranbrook Tower..734-668-8914 |
| Cross St. Village... 734-483-8300 | Lexington Club..... 734-572-9000 |
| Lurie Terrace..... 734-665-0695 | Mill Pond Manor... 734-429-3838 |
| Miller Manor..... 734-794-6720 | Parkway Mdws..... 734-662-5055 |
| Sequoia Place..... 734-669-8840 | Towne Centre..... 734-482-5500 |
| Walls Manor..... 734-484-3820 | |

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 800-852-7795
Center for Independent Living..... 734-971-0277
CSSW Senior Services Resource Advocacy..... 734-712-7774
Eldercare..... 800-677-1116
Jewish Family Services (JFS)..... 734-769-0209
UM Turner Senior Resource Center..... 734-998-9353
United Way of Washtenaw County..... 211 (from landline)
Or..... 800-552-1183(from cell)

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297
Legal Services of South Central Michigan..... 734-665-6181
Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

16. MEALS

Group Meal Sites..... see "Senior Centers" list
WC Meals on Wheels and Senior Café Programs..... 734-544-2977

Home-Delivered Meals

Milan Seniors for Healthy Living..... 734-508-6229
Ann Arbor Meals on Wheels..... 734-998-6686
Chelsea/Manchester..... 734-475-9242
Dexter..... 734-426-7737
Saline..... 734-429-9274
Ypsilanti Meals on Wheels..... 734-487-9669
Other..... 734-544-2977

17. MEDICAL SERVICES

Community Dental Center..... 734-998-9640
Hope Dental Clinic..... 734-480-9575
University of Michigan School of Dentistry..... 734-763-6933

Geriatric Health Assessment

IHA & Internal Medicine..... 734-712-5189
UM Turner Geriatric Clinic..... 734-764-6831
Washtenaw Geriatrics..... 734-528-5700
(Medical Services continued on next page)



The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County
734-926-4655
www.blueprintforaging.org



www.ewashtenaw.org/oced

Printing Services contributed by OCED Sponsor of the WC Meals on Wheels and Senior Café Programs and Foster Grandparent Program

2018 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774
or visit us at www.csswashtenaw.org/seniors



17. MEDICAL SERVICES (continued)

Health Services

| | |
|---|--------------|
| Chelsea Community Hospital (St. Joseph Mercy)..... | 734-593-6000 |
| EMS Life Link (Medical Alert System)..... | 734-477-6453 |
| Hope Medical Clinic..... | 734-481-0111 |
| IHA Reichert Internal Medicine at Towsley..... | 734-712-5189 |
| JFS Partners in Care Medical Accompaniment..... | 734-769-0209 |
| "Lifeline" (Medical Alert System)..... | 800-380-3111 |
| Medical Loan Closet (Emmanuel Lutheran Church)..... | 734-482-7121 |
| Neighborhood Family Health Center (St. Joseph Mercy)... | 734-547-7977 |
| Packard Health..... | 734-971-1073 |
| Saline Community Hospital (St. Joseph Mercy)..... | 734-712-0020 |
| UM Turner Geriatric Clinic..... | 734-764-6831 |
| Veteran Affairs A2 Healthcare System (V.A.)..... | 734-769-7100 |
| Washtenaw County Health Department..... | 734-544-6700 |
| Huron Valley Pace..... | 734-572-5777 |

Prescription Assistance

| | |
|---|--------------|
| CSSW MMAP (Medicare/Medicaid Assistance Program)..... | 734-712-7774 |
| Medicare/Medicaid information..... | 800-803-7174 |
| Washtenaw County Prescription Plan..... | 734-544-6886 |

18. MEDICARE/MEDICAID HELP & INFORMATION

| | |
|---|--------------|
| CSSW MMAP (Medicare/Medicaid Assistance Program)..... | 734-712-7774 |
| Medicare..... | 800-633-4227 |
| Medicare/Medicaid information..... | 800-803-7174 |
| Medicaid Beneficiary Helpline..... | 800-642-3195 |
| Michigan Peer Review Organization (MPRO)..... | 248-465-7300 |
| Washtenaw County DHHS..... | 734-481-2000 |

19. NURSING HOMES & INFORMATION

| | |
|---|--------------|
| Housing Bureau for Seniors..... | 734-998-9339 |
| Michigan Department of Community Health Complaint Intake Unit..... | 800-882-6006 |
| Michigan Long-Term Care Ombudsman..... | 866-485-9393 |
| Chelsea Retirement Community..... | 734-433-1000 |
| Evangelical Homes (Saline)..... | 734-429-9401 |
| Gilbert Residence..... | 734-482-9498 |
| Glacier Hills Care & Rehabilitation Center..... | 734-929-6922 |

20. PHYSICAL FITNESS (See also your local Senior Center)

| | |
|---|--------------|
| Ann Arbor YMCA..... | 734-996-9622 |
| Chelsea Wellness Center..... | 734-214-0220 |
| Saline Recreation Center..... | 734-429-3502 |
| St. Joseph Mercy Health-Ellen Thompson Health Center... | 734-712-5800 |
| UM Turner Senior Resource Center..... | 734-998-9353 |
| Washtenaw Community College Fitness Center..... | 734-975-9950 |
| Washtenaw County Parks and Recreation..... | 734-971-6337 |

21. RESPITE CARE

| | |
|--|--------------|
| Arbor Care, Inc..... | 734-975-6608 |
| Area Agency on Aging 1-B (AAA 1-B)..... | 800-852-7795 |
| Brecon Village..... | 734-429-1155 |
| Brookdale Ann Arbor..... | 734-327-1350 |
| CSSW Interfaith Volunteer Caregiver Program..... | 734-712-5730 |
| Huron Woods..... | 734-712-5600 |
| Silver Maples of Chelsea..... | 734-475-4111 |
| Superior Woods Healthcare Center..... | 734-547-7600 |

22. SENIOR CENTERS For complete senior center info see website: BlueprintForAging.org/washtenaw-county-senior-centers

| | | | |
|------------------------|--------------|-----------------------|--------------|
| A2 Community Ctr..... | 734-662-3128 | A2 Sr Center..... | 734-794-6250 |
| Chelsea..... | 734-475-9242 | Dexter..... | 734-426-7737 |
| Jewish Community.... | 734-971-0990 | Lincoln..... | 734-483-8366 |
| Milan..... | 734-508-6229 | Northfield Twp..... | 734-449-2295 |
| Pittsfield..... | 734-822-2117 | Saline..... | 734-429-9274 |
| UM Turner Sr. Res..... | 734-998-9353 | Ypsilanti (City)..... | 734-483-5014 |
| Ypsi.Twp 50 Beyond... | 734-544-3838 | | |

23. SENIOR SUBSTANCE ABUSE

| | |
|---|--------------|
| Alcoholics Anonymous..... | 734-482-5700 |
| Chelsea Behavioral Health Services..... | 800-328-6261 |
| CSSW Senior Services Resource Advocacy..... | 734-712-7774 |
| Dawn Farm (Spera)..... | 734-669-8265 |
| Home of New Vision..... | 734-975-1602 |
| Older Adult Recovery Center..... | 734-593-5251 |

24. SOCIAL SECURITY ADMINISTRATION

| | |
|---|--------------|
| Social Security Administration: National Office..... | 800-772-1213 |
| Social Security Administration: Ann Arbor Office..... | 877-479-9625 |

25. SUPPORT GROUPS

| | |
|---|--------------|
| Al-Anon..... | 734-995-4949 |
| Alzheimer's Association..... | 800-272-3900 |
| Arbor Hospice Grief Recovery..... | 734-662-5999 |
| Arthritis Foundation (Michigan)..... | 248-649-2891 |
| CSSW GAP (Grandparents as Parents)..... | 734-712-7774 |
| Jewish Family Services (JFS)..... | 734-769-0209 |
| National Parkinson's Foundation..... | 800-473-4636 |
| St. Joseph Mercy Health System | |
| Heart and Vascular..... | 734-712-8205 |
| Hospice Grief Recovery..... | 888-418-5572 |
| Stroke..... | 734-712-2830 |
| Turner Geriatric Clinic U of M: | |
| Caring for Aging Relatives, Caring for Your Mate, | |
| Diabetes, Low Vision, Staying Smoke Free..... | 734-764-6831 |

26. TAX ASSISTANCE

| | |
|--|--------------|
| American Association of Retired Persons (MI Office)..... | 866-227-7448 |
| CSSW Tax Assistance Program..... | 734-712-7774 |
| Housing Bureau for Seniors..... | 734-998-9339 |
| St. Francis of Assisi Catholic Church..... | 734-769-2550 |
| Or..... | 734-821-2100 |
| United Way Tax Clinic..... | 734-677-7235 |

27. TRANSPORTATION

| | |
|---|--------------|
| Ann Arbor Transportation Authority (Info Line)..... | 734-973-6500 |
| HVA Mobility Transportation (Wheelchair Vans)..... | 734-477-6404 |
| Jewish Family Services (JFS)..... | 734-769-0209 |
| Manchester Senior Citizens..... | 734-385-6308 |
| Night Ride and Holiday Ride..... | 734-528-5432 |
| People's Express..... | 877-214-6073 |
| The WAVE (Western Washtenaw Area Value Express).... | 734-475-9494 |

28. VETERANS

| | |
|--|----------------|
| Michigan Ability Partners..... | 734-975-6880 |
| Michigan Family Assistance Center..... | 517-990-1196 |
| Michigan Veterans Affairs Agency..... | 1-800-MICH-VET |
| OLHSA Housing..... | 517-546-8500 |
| Transition Assistance Advisor..... | 517-990-1111 |
| Veteran Affairs A2 Healthcare System (V.A.)..... | 734-769-7100 |
| Washtenaw County Veteran Affairs..... | 734-973-4540 |

29. VISION IMPAIRMENT

| | |
|---|--------------|
| Kellogg Eye of Center U of M..... | 734-763-8122 |
| Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library..... | 734-327-4224 |

30. VOLUNTEER OPPORTUNITIES

| | |
|---|--------------|
| CSSW RSVP (Retired & Senior Volunteer Program)..... | 734-712-4325 |
| CSSW Senior Services Volunteer Program..... | 734-712-4325 |
| Hospice of Michigan Volunteer Program..... | 734-769-4524 |
| Jewish Family Services Older Adult Services..... | 734-769-0209 |
| OCED Foster Grandparent Program..... | 734-544-3040 |
| United Way of Washtenaw County..... | 734-677-7234 |

31. WEBSITES

Remember your librarian can help with websites.

| | |
|---|---|
| Catholic Social Services of Washtenaw County..... | csswashtenaw.org |
| Click on "Services for" then "Older Adults"..... | ewashtenaw.org |
| Human Services Resources..... | uwwashtenaw.org |
| Jewish Family Services (JFS)..... | jfsannarbor.org |
| MI Access to Services for Seniors..... | michigan.gov/miseniors |
| Non-profit Credit Counseling..... | greenpath.org |
| U-M Geriatrics Center | med.umich.edu/geriatrics/index.htm |
| United Way volunteer opportunities..... | volunteerwashtenaw.org |
| WC Aging Collaboration..... | blueprintforaging.org |
| Low-Cost Medical Equip..... | http://michiganloan closets.us/washtenaw |

